



July 4<sup>th</sup>

Activities  
July 3<sup>rd</sup> – 6<sup>th</sup>, 2009





## Friday, July 3<sup>rd</sup>

- 9 am Children's Golf Clinic at Practice Range
- 11 am All Abs Class at The Fitness Center
- 12 pm Men's Golf Play Day on The Snead
- 1:30 pm \*\*Float Decorating at The Stables (To be in the Grand Parade at The Greenbrier) \*\* Open to all ages
- 2 pm Real Estate Home Tours available through The GSC Sales Office. To register, please call Sales at 304-536-7792.
- 4 pm Children's Volleyball at The Summit Barn
- 4-6 pm Happy Hour in the Lounge at The Sporting Club Lodge
- Dusk Sky Lab with Dave Buhrman of WV Sky Tours at the Summit

## Saturday, July 4<sup>th</sup>

- 10 am Yoga Class at The Fitness Center
- 11 am Open Climb at The Fitness Center
- 1 pm Children's Introduction to Basketball at Summit Barn
- 2 pm Real Estate Home Tours available through the GSC Sales Office. To register, please call Sales at 304-536-7792.
- 2-4 pm Basketball at The Summit Barn
- 3:30pm **The Greenbrier's 10<sup>th</sup> Annual Grand Parade**
- 4 pm Kids Dodge ball at The Summit Barn
- 5-8 pm Annual GSC BBQ Picnic  
Pool Deck & Event Lawn (**Reservations required**)  
\$65 Adults \$35 for children under 12



## Saturday, July 4<sup>th</sup> Continued

- 8 pm                      3<sup>rd</sup> Annual GSC Rubber Ducky Race on Howard's Creek  
*Sign Up & Decorate your Duck at the picnic*  
Winner Will Receive A Family Float or Fishing Trip
- 8:30 pm                    S'Mores and Cocktails at the Summit  
S'Mores Kits \$10, GSC Blankets will be for sale \$40  
*Stay and enjoy the fireworks from a higher altitude!*
- 10 pm                      **Fireworks on the Greenbrier Golf Club Lawn**

## Sunday, July 5<sup>th</sup>

- 11 am                      Water Aerobics at the Fitness Center
- 1 pm                        All Abs at The Fitness Center
- 2 pm                        Circuit Training at The Fitness Center
- 2 pm                        Real Estate Home Tours available through the GSC Sales  
Office. To register, please call Sales at 304-536-7792.
- 6:30-8:30 pm            The Lodge is open for regular dining service.

## Monday, July 6<sup>th</sup>

- 10 am                      Fit Play (4-7 year olds)
- 11 am                      Strength Training at The Fitness Center
- 11:30 am                Lunch service available at The Lodge until 2 pm.  
The Lounge is open until 5 pm.  
The Pool Café is open until 4:30 pm.

**Please Contact the concierge for dining & activity reservations  
304-647-6440**



## **Other Activities that may be of interest include:**

### **Picnic Baskets**

New this season, you can order a picnic lunch for one, or two or for your entire family. The Concierge can provide you with a list of picnic options, ranging from fried chicken to sandwiches. All picnic lunches will be packed at the Lodge, in a returnable picnic basket. Blankets will also be available upon request. On grounds there are quite a few picnic tables set up at various locations, including a few of the trails, the Summit, the hunt cabin and more. There are also many off property locations that we can recommend. Just grab a map from the Concierge office and let nature be your guide.

**To place a picnic basket order or for more details, please contact the Concierge at 304-647-6440.**

### **The Ananda Spa at The Greenbrier Sporting Club Open 9am – 5:00pm Daily**

Offering eight wonderfully designed treatment rooms, including two outdoor Zen porches. Our hydrotherapy room has a state-of-the-art tub with jets strategically placed to work out your daily tensions. We offer a variety of services including but not limited to: Massage Therapy, Hydrotherapy, Body Wraps, Facials, Manicures & Pedicures.

**For more information or to schedule an appointment for services, please contact the Ananda Spa at 304-647-6112**

### **The Greenbrier Sporting Club Outdoor Pursuits Hunt Cabin, Open 9am - 5pm Daily**

Let one of our guides lead you on a nature hike, or enjoy archery & air rifles on our .22 range. Fly-fishing & Float trips may be available. **For prices and scheduling, please contact Jacob Ott at 304-667-8337.**

### **The GSC Fitness Center & Outdoor Pool Open 6am - 9:30pm Daily**

Offering two squash courts, a climbing wall, free weights, Cybex strength training equipment, treadmills, stationary bikes, ARC trainers & juice bar. The heated outdoor pool offers four 25-yard lap lanes and has an infinity edge that overlooks Howard's Creek & the 18<sup>th</sup> hole of The Snead. There is also a wading pool for our younger members.

Fully equipped locker rooms with day use lockers, sauna and showers are also available.

**For more information, or to schedule a personal climb, fitness or tennis lesson, please call 304-647-6109**

### **The Summit Recreation Barn, Outdoor Pool & Game Room Open 10am - 6pm Daily**

Enjoy panoramic views of the Greenbrier Valley & partake in a game of basketball or Volleyball inside The Barn. Challenge your family & friends to a game of pool, darts or shuffleboard in the Summit Game Room. Enjoy a dip in the heated outdoor pool that has an infinity edge overlooking the valley. Fully equipped locker rooms with day use lockers and showers are available.

### **The Greenbrier Sporting Club Stables Open 9am – 4pm Daily**

Enjoy a trail ride through the beautiful mountains surrounding The Sporting Club community. Stop by & tour our state-of-the-art facility, where you may visit with Doodle, Sassafras & Red Rocket, our miniature burros. Feed a carrot or two to a hungry horse or mini burro. We always have a supply of carrots for our Equestrian friends.

Looking for an activity for your little one, stop by and let them display their creative talents with colored chalk. Our concrete aisles in the stables make a great canvas for the young chalk artist.

**For more information, or to schedule a ride or other activity at The Stables, please call 304-536-3348**

