



# Holiday Highlights 2008

*Subject to Change*

*Saturday, December 13<sup>th</sup> - Saturday, January 3<sup>rd</sup>*





## Saturday, December 13<sup>th</sup>

9:00am Yoga

10:00 am Culinary Demonstration in the Pastry Kitchen

Featuring Holiday Cookie Making

This will be a hands-on demonstration with cookies to take home with you when you leave.

Cost is \$25 per person.

### Holiday Party at The Lodge ~ Canapés & Carols

6:30pm Reception

7:15pm Buffet Dinner

Cost is \$85 per person

Please RSVP to the Concierge at 304-647-6440

## Tuesday, December 16<sup>th</sup>

10:00am Aerobics

## Wednesday, December 17<sup>th</sup>

10:00am Body Blast

## Thursday, December 18<sup>th</sup>

10:00am Power Yoga

## Friday, December 19<sup>th</sup>

10:00am Sports Stretch & Pilates

Workshop with special guest instructor \*\*\* Jerry Gore.

11:30am Open Climb

## Saturday, December 20<sup>th</sup>

11:00am Open Climb





## Monday, December 22<sup>nd</sup>

10:00am Sports Stretch & Pilates

*Workshop with special guest instructor \*\*\* Jerry Gore.*

## Tuesday, December 23<sup>rd</sup>

10:00am Sports Stretch & Pilates

*Workshop with special guest instructor \*\*\* Jerry Gore.*

## Wednesday, Christmas Eve

10:00am Body Blast

11:30am Open Climb

## Thursday, Christmas Day

5:30 - 8:30pm Christmas Dinner at The Lodge & Summit

*Reservations are required.*

*Please contact the Concierge 304-647-6440 to make your reservation.*

## Friday, December 26<sup>th</sup>

10:00am Yoga

11:00am Open Climb

5:30 - 7:00pm Mingling Down South ~ Open House Reception

*Join us for Wine & Cheese and enjoy great conversation,  
while you Mix and Mingle with fellow Sporting Club Members & Guests.*

*Where: Copeland Hill 28 Address: 246 White Oak Lane*

*Please RSVP to the Concierge at 304-647-6440*





## Saturday, December 27<sup>th</sup>

10:00am Tai Chi

11:00am Open Climb

**Dusk** Sky Lab at The Summit with Dave Buhrman of WV Sky Tours. Dress warmly & view the December night sky with Dave Buhrman, local astronomer. With the use of a high-powered telescope, you will be able to see what the naked eye cannot. Bring the entire family for this fun and educational event! Please RSVP to the Concierge at 304-647-6440

8:30 - 10:30pm **Uncorked & Unplugged in the Lounge at the Lodge**, featuring Live Music, Cheese Display & Wine Bar, and offering an extended selection of after-dinner wines, ports & libations. Please RSVP to the Concierge at 304-647-6440.

## Sunday, December 28<sup>th</sup>

11:00am Tai Chi

## Monday, December 29<sup>th</sup>

10:00am Power Yoga

11:30am Open Climb

## Wednesday, New Year's Eve

12:00pm Yoga

### New Year's Eve Gala at The Lodge

7:00pm Reception

7:45pm Dinner

Cost is \$225++ per person, including champagne reception and wine pairings. Please RSVP to the Concierge at 304-647-6440.





Friday, January 2<sup>nd</sup>

11:00am Yoga

12:00pm Open Climb

Saturday, January 3<sup>rd</sup>

10:00am Tai Chi

### **\*\*\* Special guest fitness instructor Jerry Gore.**

Jerry has been named the Guru of Meditative Sports Stretch, a class he created and has taught nationally and internationally. He has appeared as a fitness expert promoting various fitness modes on several television shows. Jerry is AFAA certified as a Private & Group Trainer. Please visit our Blog for more information:

<http://blog.greenbriersportingclub.com/guest-instructor-jerry-gore-visits-the-gsc-in-december/>

### **Other Activities & Amenities Available Through the Club:**

Reservations for Pampering & Relaxation at The Ananda Spa // 304-647-6112

Horseback Riding at The GSC Stables // 304-536-3348

Doggy Day Care at The GSC Stables // 304-536-3348

Squash Courts in the Fitness Center

Tennis on our three Outdoor Courts (weather permitting)

Basketball & Volleyball at The Summit Sports Barn

Exercise at the Fitness Center

Indoor Rock Climbing Wall personal sessions // 304-647-6109

Fishing, Archery, .22 Range or Bird Hunts w/Outdoor Pursuits' Jacob Ott // 304-667-8337

Hiking on one of the property's many trails // Maps available at the Concierge Desk.

Lunch\* & Dinner Reservations may be made through the Concierge // 304-647-6440

\*Lunch Reservations are highly recommended during Holidays and on Weekends due to limited availability

